

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Muls Quinten

Coaches: De Punder Wout

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 09:00
Heat: 1/5 Lane : 5 Athlete: AMADOU CAMILLE			Q-time: 99:99:99
PB (50m pool): 00:48.42 Mol 26/06/2022			PB (25m pool): 00:37.97 SB: no time
	5 0 M		
PB	00:48.42		
	00:48.42		
			

Coach feedback:

Event number: 1: 50M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 09:00
Heat: 1/5 Lane : 6 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 99:99:99
PB (50m pool): 00:49.06 Sint-Jans-Molenbeek 19/02/2023			PB (25m pool): 00:40.28 SB: no time
	5 0 M		
PB	00:49.06		
	00:49.06		
			

Coach feedback:

Event number: 1: 50M BACKSTROKE WOMEN 15-16			Heat:3, starttime: 09:03
Heat: 3/5 Lane : 8 Athlete: VAN BOXSTAEEL NORA			Q-time: 00:38:53
PB (50m pool): 00:38.53 Seraing 26/01/2025			PB (25m pool): 00:36.66 SB: no time
	5 0 M		
PB	00:38.53		
	00:38.53		
			

Coach feedback:

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Event number: 3: 50M BUTTERFLY WOMEN 17+			Heat:1, starttime: 09:13
Heat: 1/6 Lane : 1 Athlete: FERNANDEZ PEDRERA TARIK MAISSA			Q-time: 00:48:83
PB (50m pool): 00:46.92 Antwerpen 14/07/2024			PB (25m pool): 00:47.16 SB: no time
	5 0 M		
PB	00:46.92		
	00:46.92		
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 09:24
Heat: 1/7 Lane : 4 Athlete: ROOSEN TESS			Q-time: 01:24:94
PB (50m pool): 01:22.29 Woluwe-Saint-Pierre 16/03/2024			PB (25m pool): 01:19.43 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:22.29	
	no time		
			

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:5, starttime: 09:33
Heat: 5/7 Lane : 4 Athlete: DESMET STERRE			Q-time: 01:15:98
PB (50m pool): 01:15.11 Antwerpen 21/07/2024			PB (25m pool): 01:12.72 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:15.11	
	no time		
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 17+			Heat:1, starttime: 09:54
Heat: 1/5 Lane : 5 Athlete: FLORES SéBASTIEN			Q-time: 01:05:88
PB (50m pool): 01:05.88 Antwerpen 13/07/2025			PB (25m pool): 01:02.33 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.08	01:05.88	
	00:31.08	00:34.80	
			

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 17+			Heat:2, starttime: 09:56
Heat: 2/5 Lane : 3 Athlete: CAMBRON WARD			Q-time: 01:00:30
PB (50m pool): 01:00.30 Antwerpen 13/07/2025			PB (25m pool): 00:57.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.49	01:00.30	
	00:28.49	00:31.81	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 17+			Heat:2, starttime: 09:56
Heat: 2/5 Lane : 7 Athlete: DEHAEN FERRE			Q-time: 01:01:29
PB (50m pool): 01:01.29 Charleroi 11/05/2025			PB (25m pool): 00:59.95 SB: no time
	5 0 M	1 0 0 M	
PB	00:29.73	01:01.29	
	00:29.73	00:31.56	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16			Heat:2, starttime: 10:03
Heat: 2/6 Lane : 7 Athlete: FERNANDEZ PEDRERA TARIK LAILA			Q-time: 00:45:79
PB (50m pool): 00:45.79 Antwerpen 13/07/2025			PB (25m pool): 00:41.28 SB: no time
	5 0 M		
PB	00:45.79		
	00:45.79		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16			Heat:3, starttime: 10:05
Heat: 3/6 Lane : 3 Athlete: VAN BOXSTAEL NORA			Q-time: 00:42:54
PB (50m pool): 00:42.54 Antwerpen 20/04/2025			PB (25m pool): 00:40.52 SB: no time
	5 0 M		
PB	00:42.54		
	00:42.54		
			

Coach feedback:

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Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:3, starttime: 10:05
Heat: 3/6 Lane : 8 Athlete: ROOSEN TESS		Q-time: 00:43:93
PB (50m pool): 00:42.35 Antwerpen 16/04/2023 PB (25m pool): 00:41.66 SB: no time		
	5 0 M	
PB	00:42.35	
	00:42.35	
		

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 15-16		Heat:4, starttime: 10:06
Heat: 4/6 Lane : 7 Athlete: DESMET STERRE		Q-time: 00:41:30
PB (50m pool): 00:41.30 Antwerpen 20/04/2025 PB (25m pool): 00:38.94 SB: no time		
	5 0 M	
PB	00:41.30	
	00:41.30	
		

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 17+		Heat:1, starttime: 10:15
Heat: 1/5 Lane : 3 Athlete: FERNANDEZ PEDRERA TARIK MAISSA		Q-time: 00:37:86
PB (50m pool): 00:37.86 Antwerpen 13/07/2025 PB (25m pool): 00:37.20 SB: no time		
	5 0 M	
PB	00:37.86	
	00:37.86	
		

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 17+		Heat:2, starttime: 10:21
Heat: 2/6 Lane : 4 Athlete: DEHAEN FERRE		Q-time: 00:36:00
PB (50m pool): 00:36.00 Antwerpen 20/04/2025 PB (25m pool): 00:34.03 SB: no time		
	5 0 M	
PB	00:36.00	
	00:36.00	
		

Coach feedback:

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Event number: 12: 50M BACKSTROKE MEN 17+		Heat:2, starttime: 10:21
Heat: 2/6 Lane : 6 Athlete: CAMBRON WARD		Q-time: 99:99:99
PB (50m pool): 00:35.01 Antwerpen 16/07/2023 PB (25m pool): 00:33.16 SB: no time		
	5 0 M	
PB	00:35.01	
	00:35.01	
		

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 15-16		Heat:5, starttime: 10:46
Heat: 5/6 Lane : 2 Athlete: AMADOU CAMILLE		Q-time: 01:22:81
PB (50m pool): 01:22.81 Antwerpen 27/07/2025 PB (25m pool): 01:22.14 SB: no time		
	5 0 M	1 0 0 M
PB	00:38.36	01:22.81
	00:38.36	00:44.45
		

Coach feedback:

Event number: 16: 100M BACKSTROKE MEN 17+		Heat:2, starttime: 11:09
Heat: 2/4 Lane : 1 Athlete: FLORES SéBASTIEN		Q-time: 01:19:53
PB (50m pool): 01:19.53 Antwerpen 13/07/2025 PB (25m pool): 01:15.09 SB: no time		
	5 0 M	1 0 0 M
PB	00:39.08	01:19.53
	00:39.08	00:40.45
		

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16		Heat:1, starttime: 11:15
Heat: 1/8 Lane : 5 Athlete: DESMET STERRE		Q-time: 99:99:99
PB (50m pool): 00:38.17 Seraing 29/01/2023 PB (25m pool): 00:32.31 SB: no time		
	5 0 M	
PB	00:38.17	
	00:38.17	
		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: KLSVZ

Event number: 17: 50M BUTTERFLY WOMEN 15-16		Heat:2, starttime: 11:16
Heat: 2/8 Lane : 3 Athlete: ROOSEN TESS		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:38.33 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 15-16		Heat:4, starttime: 11:19
Heat: 4/8 Lane : 6 Athlete: AMADOU CAMILLE		Q-time: 00:36:33
PB (50m pool): 00:36.33 Antwerpen 13/07/2025		PB (25m pool): 00:35.20 SB: no time
	5 0 M	
PB	00:36.33	
	00:36.33	
		

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 17+		Heat:1, starttime: 11:29
Heat: 1/5 Lane : 2 Athlete: FERNANDEZ PEDRERA TARIK MAISSA		Q-time: 99:99:99
PB (50m pool): 00:48.92 Antwerpen 14/07/2024		PB (25m pool): 00:47.53 SB: no time
	5 0 M	
PB	00:48.92	
	00:48.92	
		

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 17+		Heat:2, starttime: 11:37
Heat: 2/6 Lane : 7 Athlete: DEHAEN FERRE		Q-time: 00:39:37
PB (50m pool): no time		PB (25m pool): 00:39.37 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 20: 50M BREASTSTROKE MEN 17+		Heat:2, starttime: 11:37
Heat: 2/6 Lane : 8 Athlete: FLORES SÉBASTIEN		Q-time: 00:40:69
PB (50m pool): no time PB (25m pool): 00:40.69 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 17+		Heat:4, starttime: 11:39
Heat: 4/6 Lane : 3 Athlete: CAMBRON WARD		Q-time: 00:34:42
PB (50m pool): 00:34.42 Antwerpen 13/07/2025 PB (25m pool): 00:33.31 SB: no time		
	5 0 M	
PB	00:34.42	
	00:34.42	
		

Coach feedback: